



YOUR BANKMED NEWSLETTER

NURTURING THE FUTURE: BANKMED'S ENHANCED BENEFITS FOR CHILDREN

At Bankmed, we care deeply about the health and wellbeing of our members, and that includes the youngest ones in your family. That's why we're proud to introduce new and improved benefits under our Bankmed Children Initiative. These enhancements are designed to support your child's health at every stage of their development.



PERSONAL HEALTH ASSESSMENTS NOW FOR TEENS 16+

Starting in 2025, we're extending our Personal Health Assessment (PHA) to include children aged 16 and older (previously 18+). This proactive screening helps identify early health risks like high BMI, so we can offer timely support. If flagged as high-risk, your child will gain access to:

- One GP consultation with a Bankmed Network GP
- Two sessions with a biokineticist
- Two nutritional guidance sessions from a dietitian



TACKLING CHILDHOOD OBESITY: SCREENINGS FOR AGES 9 - 15

Childhood obesity is a growing concern worldwide. To help combat this, Bankmed now offers weight screening for children aged nine to 15. If your child is identified as high-risk, they'll receive the same level of care as adults, including:

- Two dietitian consultations
- Two biokineticist consultations
- One GP follow-up consultation



VACCINES THAT PROTECT AT EVERY STAGE

We've got your child's immunisation needs covered, with a comprehensive list of vaccines:

- Up to age 12: BCG, oral polio, rotavirus, diphtheria, tetanus, pertussis, inactivated polio, Hib, hepatitis B, measles, and pneumococcal vaccines
- Ages nine to 25: HPV vaccine (up to three doses, depending on age and product)

BABY-AND-ME: MATERNITY BENEFITS THAT GO THE EXTRA MILE

Expecting a little one? Our Baby-and-Me Programme offers enhanced maternity support for members on the Basic, Core Saver, Traditional, and Comprehensive Plans. While members on the Essential and Plus Plans aren't eligible for the Insured Benefit, there's still plenty of support available.

What's included for eligible Plans:

- Extra cover for ultrasounds and consultations
- Ongoing support from a client relationship manager
- Guidance throughout pregnancy and postpartum



CARING FOR LITTLE SMILES: KIDS' DENTAL BENEFIT

Healthy teeth start with good habits from a young age. That's why Bankmed offers preventative dental care for children on selected Plans. Depending on your Plan, your child could be covered for key treatments like check-ups, fluoride treatments, and basic fillings, either in or out of hospital. If covered, benefits include:



Bankmed Plan	Preventative Dentistry for Children	
Essential	✗	Not a covered benefit in or out of hospital.
Basic	✗	Not a covered benefit in-hospital.
	✓	Covered out of hospital only through the Bankmed Dental Network at 100% of the Scheme Rate , subject to the Scheme-approved dental formulary.
Traditional	✓	Covered in hospital for children aged 7 years and younger only
	✓	Covered out of hospital , at 100% of the Scheme Rate . Includes: • One oral examination pbpa¹ • Amalgam and resin fillings only • Plastic dentures only • Two topical fluoride treatments pbpa¹ (age 15 years and younger) • One topical fluoride treatment pfpa² • Limited to eight molar teeth per beneficiary per lifetime • Scale and polish limited to two pbpa¹ Pre-authorisation required.
Core Saver	✓	Not a covered benefit in-hospital.
	✓	Covered out of hospital from MSA , and Prescribed Minimum Benefits are covered from the Insured Benefits, at 100% of the Scheme Rate .
Comprehensive	✓	Covered in hospital for children aged 7 years and younger only
	✓	Covered out of hospital , at 100% of the Scheme Rate . Includes: • One oral examination pbpa¹ • Amalgam and resin fillings only • Plastic dentures only • Two topical fluoride treatments pbpa¹ (age 15 years and younger) • One topical fluoride treatment pfpa² • Limited to eight molar teeth per beneficiary per lifetime • Scale and polish limited to two pbpa¹ Pre-authorisation required.
Plus	✓	Covered in and out of hospital from Medical Savings Account (MSA) and Above Threshold Benefit (ATB) , at 300% of the Scheme Rate . ATB applies once Annual Threshold is reached . Max annual threshold is R22,730 for a single member, and R34,430 for member with dependants.

¹ pbpa: per beneficiary per annum; ² pfpa: per family per annum

REASONS TO JOIN

From early screenings to maternity care, these benefits are designed to give your family the best possible start. Because at Bankmed, we believe that healthy children build a healthier future.



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MORE THAN A MEMBER. MORE **WITH BANKMED.**

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