



Chronic Illness Benefit medicine list (Formulary) 2026 for the Essential and Basic Plans

Who we are

Bankmed (referred to as "the Scheme"), registration number 1279, is a not-for-profit organisation, registered with the Council for Medical Schemes. Discovery Health (Pty) Ltd (referred to as "the administrator") is a separate company and an authorised financial services provider (registration number 1997/013480/07) which takes care of the administration of your membership for the Scheme.

Important information

The information contained in this document might change from time to time. Any changes to the way we fund medication will be communicated.

The Chronic Illness Benefit (CIB) is defined by the Bankmed Scheme Rules. The use of the benefits, and programmes linked to CIB are subject to specific conditions and rules. Members must ensure that they know these rules and conditions.

Any instructions or advice on medication and managing the member's condition are intended to add to, and not replace, the knowledge, expertise, skill and judgement of the member's Healthcare Professional or pharmacist.

You receive full cover for approved chronic medication on our medicine list (formulary). Medication that is not on our medicine list will be funded up to the Reference Price for that medication class. You might have a co-payment for medication that is not on our medicine list.

Bankmed reserves the right to amend the benefit at any time.

About some of the terms we use in this document

There might be some terms we refer to in the document that you might not be familiar with. Here are the definitions of these terms:

Active ingredient

This is the main substance in a medication that is responsible for the clinical action in the human body.

Additional Disease List (ADL)

An additional chronic condition covered on the Bankmed Basic Plan.

Benefit year

A benefit year refers to the benefits a member is entitled to during a calendar year that is 01 January to 31 December. This medicine list (formulary) is applicable for 2026 only.

Chronic Disease List (CDL)

A defined list of chronic conditions we cover, according to Prescribed Minimum Benefits (PMBs).

Medication class

This describes medications that have similar chemical structures or similar therapeutic effects.

PMB conditions

These are conditions which all medical schemes are required to cover by the Council for Medical Schemes (CMS) for any setting according to clinical guidelines.

Reference Price

The Reference Price is the set monthly amount we will pay up to for a medication class. This applies to medication that is not on the medicine list.



The Chronic Disease List (CDL) medicine list (formulary) for the Essential and Basic Plans

Medicine marked with an asterisk (*) will soon be removed from the medicine list (formulary)

Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength
Addison's disease	Systemic Corticosteroids: Hydrocortisone	Hydrocortisone	Covocort 10mg
	Systemic Corticosteroids: Mineralocorticoids	Fludrocortisone	Florinef acetate 0.1mg
Asthma	Adrenergics: Long acting - Formoterol	Formoterol	Foratec HFA 120 dose 12mcg/dose
	Adrenergics: Short acting - Salbutamol	Salbutamol	Azmalor 200 dose 100mcg
			Glenbute 200 dose 100mcg
			Ventimax CFC free 200 dose 100mcg
	Formoterol and Budesonide	Formoterol and Budesonide	Symbicort turbohaler 60 dose 160/4.5mcg
	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg
	Inhaled Glucocorticoids	Beclomethasone	Beclate 200 dose 50mcg; 100mcg; 200mcg
			Beclomethasone Glenmark 200 dose 50mcg; 100mcg; 200mcg
		Budesonide	Aeromide 300 dose 200mcg
	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Budeflam HFA 300 dose 100mcg; 200mcg
			Sereflo HFA 120 dose 25/50mcg; 25/125mcg; 25/250mcg
			Sereflo HFA synchrobreathe 120 dose 25/50mcg; 25/125mcg; 25/250mcg
	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
			Panafcort 5mg
			Trolic 5mg
Bipolar mood disorder	Anti-depressants: SSRI's	Citalopram	Adco-Talomil 20mg
			Citalopram 20 Oethmaan 20mg
			Depramil 20mg
			Tamomilt 20mg
		Escitalopram	Accord Escitalopram 10mg; 20mg
			Dolin 10mg; 20mg
			Emerdyne 10mg; 20mg
			Esetam 10mg; 20mg
			Zyescito 10mg; 20mg
		Fluoxetine	Fluoxetine 20 Oethmaan 20mg
			Zydus Fluoxetine 20mg
		Sertraline	Dyna Sertraline 50mg; 100mg
			Tralidep 50mg; 100mg
	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg
			Partid 200mg
			Tegretol CR 200mg; 400mg
			Zeptol 200mg
	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg
			Convulex syrup 250mg/5ml
			Epilim crushable 100mg
			Eprolep CR 200mg; 300mg; 500mg
			Navalpro CR 200mg; 300mg; 500mg
			Navalpro liquid 200mg/5ml
			Rubilim CR 200mg; 300mg; 500mg
			Valeptic CR 300mg; 500mg



Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength
Bipolar mood disorder	Anti-epileptics: Other agents	Lamotrigine	Epitec 25mg; 50mg; 100mg; 200mg
			Lamilepsy 25mg; 50mg; 100mg; 200mg
			Lamorola 25mg; 50mg; 100mg; 200mg
			Lamotrigine Unichem 25mg; 50mg; 100mg; 200mg
			Serinem 25mg; 50mg; 100mg; 200mg
	Anti-psychotics: Butyrophenone derivatives	Haloperidol	Haloperidol 5 Oethmaan 5mg
	Anti-psychotics: Clozapine	Clozapine	Clozapine Oethmaan 25mg; 100mg
	Anti-psychotics: Lithium	Lithium	Camcolit 250mg; 400mg
	Anti-psychotics: Olanzapine	Olanzapine	Alonza 5mg; 10mg
			Meltolan 5mg; 10mg
			Nezolap 5mg; 10mg
			Olandus 5mg; 10mg
			Olexar 5mg; 10mg
			Zolanx 5mg; 10mg
			Zylena 5mg; 10mg
	Anti-psychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Largactil 25mg; 50mg; 100mg
	Anti-psychotics: Quetiapine	Quetiapine	Aroquet 25mg; 100mg; 200mg; 300mg
			Mylan Quetiapine 25mg; 100mg; 200mg; 300mg
			Quesara 25mg; 100mg; 200mg; 300mg
			Quetiapine unicorn 25mg; 100mg; 200mg; 300mg
			Quetz 25mg; 100mg; 200mg; 300mg
			Sizocam 25mg; 100mg; 200mg; 300mg
			Torquit 25mg; 100mg; 200mg; 300mg
			Truvalin 25mg; 100mg; 200mg; 300mg
	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol 0.5mg; 1mg
		Zuclopenthixol	Fluanxol depot 1ml 20mg
			Clopixol 2mg; 10mg
			Clopixol depot 200mg
	Other anti-psychotics: Aripiprazole	Aripiprazole	Abipip 5mg; 10mg; 15mg
			Alebon 5mg; 10mg; 15mg
			Apize 5mg; 10mg; 15mg
			Aprizon 5mg; 10mg; 15mg
			Arizofy 5mg; 10mg; 15mg
			Priptrin 10mg; 15mg
			Radzil 5mg; 10mg; 15mg
			Thryve 5mg; 10mg
	Other anti-psychotics: Risperidone	Risperidone	Risnia 0.5mg; 1mg; 2mg; 3mg
			Rispacor 0.5mg; 1mg; 2mg; 3mg
			Rispide 0.5mg; 1mg; 2mg
			Zoxadon 0.5mg; 1mg; 2mg; 3mg; 4mg
			Zoxadon ODT 0.5mg; 1mg; 2mg
Bronchiectasis	Adrenergics: Short acting - Salbutamol	Salbutamol	Azmalor 200 dose 100mcg
			Glenbute 200 dose 100mcg
			Ventimax CFC free 200 dose 100mcg
	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg



Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength
Bronchiectasis	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
			Panafcort 5mg
			Trolic 5mg
Cardiac failure	ACE inhibitors and diuretics	Enalapril and diuretics	Acenten 20/12.5mg
			Enpresil co
		Perindopril and diuretics	Trexeva Plus 5/1.25mg
	ACE inhibitors: Plain	Captopril	Mylan Captopril 25mg; 50mg
		Enalapril	Enalapril Arya 5mg; 10mg; 20mg
			Hypace 5mg
			Natrapress 10mg; 20mg
			Tenezil 10mg; 20mg
		Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg
		Perindopril	Repres 4mg; 8mg
	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg
			Carvedilol Unicorn 6.25mg; 12.5mg; 25mg
			Rubitrend 6.25mg; 12.5mg; 25mg
	Angiotensin II antagonists: Combinations	Losartan and diuretics	Annin co 50/12.5mg; 100/25mg
			Austell Losartan co 50/12.5mg
			Co-Normoten 50/12.5mg; 100/25mg
			Hylokat 50/12.5mg; 100/25mg
			Losaar Plus 50/12.5mg; 100/25mg
			Zaario Plus 50/12.5mg; 100/25mg
			Zartan co 50/12.5mg; 100/25mg
	Angiotensin II antagonists: Plain	Losartan	Annin 50mg; 100mg
			Austell Losartan 50mg; 100mg
	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hydralazine HCl 25 Kiara 25mg
			Hyperphen 10mg; 50mg
	Beta blocking agents: Selective	Bisoprolol	Adco-Bisacor 5mg; 10mg
			Biloblok 5mg
			Bilacor 5mg; 10mg
			Bislo 5mg; 10mg
			Bisoprolol Unicorn 5mg; 10mg
			Emcor 5mg; 10mg
			Presicard 5mg; 10mg
	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg
			Lanoxin paediatric/geriatric syrup 0.05mg/1ml
	High-ceiling diuretics	Furosemide	Defulide 40mg
			Furobe 40mg
			Furosemide 40 Unimed 40mg
	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Gulf Hydrochlorothiazide 25mg
			Ridaq 12.5mg
			Zidaflo 12.5mg; 25mg
	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg
			Catexan 2.5mg
			Cipla-Indapamide 2.5mg
			Mylan Indapamide 2.5mg
	Potassium sparing agents	Spironolactone	Aldactone 25mg
			Spironolactone 25mg Accord 25mg
			Spironolactone 25 Kiara 25mg



Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength
Cardiac failure	Potassium supplements	Potassium chloride	Ultipot 600mg
	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Isosorbide dinitrate Kiara 5mg; 10mg
		Isosorbide mononitrate	Ismo 20mg
			Monicor SR 60mg
Cardiomyopathy	ACE inhibitors and diuretics	Enalapril and diuretics	Acenten 20/12.5mg
			Enpresil co
		Perindopril and diuretics	Trexeva Plus 5/1.25mg
	ACE inhibitors: Plain	Captopril	Mylan Captopril 25mg; 50mg
		Enalapril	Enalapril Arya 5mg; 10mg; 20mg
			Hypace 5mg
			Natrapress 10mg; 20mg
			Tenezil 10mg; 20mg
		Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg
	Alpha and Beta blocking agents	Carvedilol	Reprex 4mg; 8mg
			Carloc 6.25mg; 12.5mg; 25mg
			Carvedilol Unicorn 6.25mg; 12.5mg; 25mg
			Rubitrend 6.25mg; 12.5mg; 25mg
	Angiotensin II antagonists: Combinations	Losartan and diuretics	Annin co 50/12.5mg; 100/25mg
			Austell Losartan co 50/12.5mg
			Co-Normoten 50/12.5mg; 100/25mg
			Hylokat 50/12.5mg; 100/25mg
			Losaar Plus 50/12.5mg; 100/25mg
			Zaario Plus 50/12.5mg; 100/25mg
			Zartan co 50/12.5mg; 100/25mg
	Angiotensin II antagonists: Plain	Losartan	Annin 50mg; 100mg
			Austell Losartan 50mg; 100mg
	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg
			Segavin 5mg
			Warfarin 5mg Austell 5mg
			Warfarin 5 Unicorn 5mg
	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hydralazine HCl 25 Kiara 25mg
			Hyperphen 10mg; 50mg
	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin 100 Clicks 100mg
			Coprin 100mg
			Trinprin 100mg
	Beta blocking agents: Selective	Bisoprolol	Adco-Bisocor 5mg; 10mg
			Biloblok 5mg
			Bilacor 5mg; 10mg
			Bislo 5mg; 10mg
			Bisoprolol Unicorn 5mg; 10mg
			Emcor 5mg; 10mg
			Presicard 5mg; 10mg
	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg
			Lanoxin paediatric/geriatric syrup 0.05mg/1ml
	High-ceiling diuretics	Furosemide	Defulide 40mg
			Furobe 40mg
			Furosemide 40 Unimed 40mg
	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Gulf Hydrochlorothiazide 25mg
			Ridaq 12.5mg
			Zidaflo 12.5mg; 25mg



Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength
Cardiomyopathy	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg
			Catexan 2.5mg
			Cipla-Indapamide 2.5mg
			Mylan Indapamide 2.5mg
	Potassium sparing agents	Spironolactone	Aldactone 25mg
			Spironolactone 25mg Accord 25mg
			Spironolactone 25 Kiara 25mg
	Potassium Supplements	Potassium chloride	Ultipot 600mg
	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Isosorbide dinitrate Kiara 5mg; 10mg
		Isosorbide mononitrate	Ismo 20mg
			Monicor SR 60mg
Chronic obstructive pulmonary disease (COPD)	Adrenergics: Short acting - Salbutamol	Salbutamol	Azmaler 200 dose 100mcg
			Glenbute 200 dose 100mcg
			Ventimax CFC free 200 dose 100mcg
	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg
	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
			Panafcort 5mg
			Trolic 5mg
Chronic renal disease	ACE inhibitors and diuretics	Enalapril and diuretics	Acenten 20/12.5mg
			Enpresil co
	ACE inhibitors: Plain	Perindopril and diuretics	Trexeva Plus 5/1.25mg
		Captopril	Mylan Captopril 25mg; 50mg
		Enalapril	Enalapril Arya 5mg; 10mg; 20mg
			Hypace 5mg
			Natrapress 10mg; 20mg
			Tenezil 10mg; 20mg
		Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg
		Perindopril	Reprex 4mg; 8mg
	Angiotensin II antagonists: Combinations	Losartan and diuretics	Annin co 50/12.5mg; 100/25mg
			Austell Losartan co 50/12.5mg
			Co-Normoten 50/12.5mg; 100/25mg
			Hylokat 50/12.5mg; 100/25mg
			Losaar Plus 50/12.5mg; 100/25mg
			Zaario Plus 50/12.5mg; 100/25mg
			Zartan co 50/12.5mg; 100/25mg
	Angiotensin II antagonists: Plain	Losartan	Annin 50mg; 100mg
			Austell Losartan 50mg; 100mg
	Beta blocking agents: Selective	Bisoprolol	Adco-Bisocor 5mg; 10mg
			Biloblok 5mg
			Bilocor 5mg; 10mg
			Bislo 5mg; 10mg
			Bisoprolol Unicorn 5mg; 10mg
			Emcor 5mg; 10mg
			Presicard 5mg; 10mg
	Calcium supplements	Calcium carbonate	B-cal
	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
			Gulf Folic acid 5mg
	Iron bivalent, oral preparations	Ferrous Sulfate	Ferrous Sulphate 75mg
	Iron, parenteral preparations	Iron, parenteral preparations	Cosmofer ampoule 2ml 50mg/1ml
			Equifer ampoule 5ml 100mg/5ml
			Innofer ampoule 5ml 100mg/5ml



Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength	
Chronic renal disease	Other anti-anemic preparations	Darbepoetin Alfa	Aranesp pre-filled syringe 0.4ml	10mcg/0.4ml
			Aranesp pre-filled syringe 0.5ml	20mcg/0.5ml
			Aranesp pre-filled syringe 0.3ml	30mcg/0.3ml
			Aranesp pre-filled syringe 0.4ml	40mcg/0.4ml
			Aranesp pre-filled syringe 0.5ml	50mcg/0.5ml
			Aranesp pre-filled syringe 0.3ml	60mcg/0.3ml
		Erythropoietin	Epex pre-fill	2000U/0.5ml
			Epex pre-fill	4000U/0.4ml
		Roxadustat	Evrenzo	20mg; 50mg; 70mg; 100mg; 150mg
	Vitamin D and analogues	Alfacalcidol	Zodoray	0.25mcg; 1mcg
Coronary artery disease	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin 100 Clicks	100mg
			Coprin	100mg
			Trinprin	100mg
	Beta blocking agents: Non-selective	Propranolol	Indoblok	40mg
	Beta blocking agents: Selective	Atenolol	Adco-Atenolol	50mg; 100mg
			B-Block	50mg; 100mg
			Tenopress	50mg; 100mg
		Bisoprolol	Adco-Bisocor	5mg; 10mg
			Biloblok	5mg
			Bilocor	5mg; 10mg
			Bislo	5mg; 10mg
			Bisoprolol Unicorn	5mg; 10mg
			Emcor	5mg; 10mg
			Presicard	5mg; 10mg
	Selective calcium channel blockers with direct cardiac effects	Diltiazem	Adco-Zildem SR	180mg; 240mg
		Verapamil	Verahexal 240 SR	240mg
			Verapamil 40 Oethmaan	40mg
	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Amloc	5mg; 10mg
			Amlodac	5mg; 10mg
			Amlodipine Hetero	5mg; 10mg
			Amlodipine Unicorn	5mg; 10mg
			Amlodipine Unimed	5mg; 10mg
			Amlovasc	5mg; 10mg
			Amtas	5mg; 10mg
			Aprate	5mg; 10mg
			Austell-Amlodipine	5mg; 10mg
			Ciplavasc	5mg; 10mg
			Pendine	5mg; 10mg
			Vasloc	5mg; 10mg
		Nifedipine	Cipalat Retard	20mg
	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Isosorbide dinitrate Kiara	5mg; 10mg
		Isosorbide mononitrate	Ismo	20mg
			Monicor SR	60mg
Crohn's disease	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid	5mg
			Gulf Folic acid	5mg
	Intestinal anti-inflammatories: Aminosalicic acid and similar agents	Mesalazine	Asacol	400mg; 800mg
			Mezavant	1200mg
			Pentasa	500mg
			Zylamene SR	800mg; 1200mg
		Sulfasalazine	Salazopyrin	500mg
			Salazopyrin EN	500mg
	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun	50mg
			Azathioprine PCH	50mg



Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength
Crohn’s disease	Other immunosuppressive agents: Methotrexate	Methotrexate	Methotrexate 2.5mg
			Mexate 2.5mg
	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
			Panafcort 5mg
			Trolic 5mg
Diabetes insipidus	Posterior pituitary hormones: Vasopressin and analogues	Desmopressin	Ddavn nasal spray 5ml 0.1mg/1ml Minirin melt 60mcg; 120mcg; 240mcg
Diabetes mellitus Type 1	***Please note that an overall monthly limit applies to Insulin across the different Insulin classes*** The overall monthly limit for Basic and Essential plans is R700.		
	Anti-diabetic agents: Fast-acting Insulins	Insulin Glulisine	Apidra - cartridge 3ml
	Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic)	Insulin (Human)	Humulin 30/70 - cartridge 3ml
		Insulin Lispro	Humalog mix 25 - cartridge 3ml
			Humalog mix 50 - cartridge 3ml
	Anti-diabetic agents: Long-acting Insulins	Insulin Detemir	Levemir - pre-filled cartridge 3ml
		Insulin Glargine	Optisulin - cartridge 3ml
	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin 100 Clicks 100mg
			Coprin 100mg
			Trinprin 100mg
	Blood glucose monitoring agents	Glucose strips	Glucocheck key test strip
			On call plus blood glucose strips
			On call sure blood glucose test strips
			Onetouch select plus test strips
			Test strip blood glucose clicks bionime gs550
			Test strip glucose caresens n 29g
			Test strip glucose fora diamond blood
			Test strip glucose vivachek ino
	Surgical item	Lancets	Lancet blood collection needle loris
			Lancet fora collection needle sterile 30g
			Lancet fora tender needle sterile 33g
			Lancet freestyle test
			Lancet glucocheck novicheck
			Lancet solus v2
			Lancet unilet sterile 28g
			Lancet unilet sterile 4cm x 6cm x 7.5cm 28g
			Microlet lancet
		Needles	BD micro fine plus pen needle 30g 8mm
			BD micro fine plus pen needle 31g
			BD micro fine plus pen needle 32g 4mm
			Droplet pen needle 8mm 31g
			Needle insulin fora pen 31g 5mm
Needle insulin fora pen 31g 8mm			
Needle insulin fora pen 32g 4mm			
Needle insulin fora pen 32g 6mm			
Needle insulin pen verifine 4mmx10cmx15cm 32g			
Needle insulin pen verifine 4mmx10cmx15cm 33g			
Needles Needle novofine			
Syringes		Syringe insulin 1.0ml with 27g needle	
		Syringe insulin bd microfine 12.7mm 1ml 9g	
		Syringe insulin bd microfine 1ml 8mm 30g	
		Syringe insulin bd microfine 8mm demi 0.3ml 30g	
Diabetes mellitus Type 2	Anti-diabetic agents: Biguanides	Metformin	Accord Metformin 500mg; 850mg
			Apex Metformin 500mg



Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength
Diabetes mellitus Type 2	Anti-diabetic agents: Biguanides	Metformin	Bigsens 500mg; 850mg; 1000mg
			Diamin 500mg; 850mg
			Diaphage 500mg; 850mg; 1000mg
			Fortese 1000mg
			Gluconorm 500mg; 850mg
			Mylan Metformin 500mg; 850mg; 1000mg
			Romidab 500mg; 850mg; 1000mg
	Please note that an overall monthly limit applies to Insulin across the different Insulin classes The overall monthly limit for Basic and Essential plans is R700		
	Anti-diabetic agents: Fast-acting Insulins	Insulin Glulisine	Apidra - cartridge 3ml
	Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic)	Insulin (Human)	Humulin 30/70 - cartridge 3ml
		Insulin Lispro	Humalog mix 25 - cartridge 3ml
			Humalog mix 50 - cartridge 3ml
	Anti-diabetic agents: Long-acting Insulins	Insulin Detemir	Levemir - pre-filled cartridge 3ml
		Insulin Glargine	Optisulin - cartridge 3ml
	Anti-diabetic agents: Sulfonamides, urea derivatives	Gliclazide	Dynacaz MR 30mg; 60mg; 90mg
			Gliclazide MR Austell 60mg
			Gliclazide Unicorn MR 30mg
			Gluctam MR 60mg
			Glyzid MR 30mg; 60mg
	Anti-diabetic agents: Thiazolidinediones	Pioglitazone	Cipla-Pioglitazone 15mg; 30mg
			Pioglitazone hydrochloride Macleods 15mg; 30mg
	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin 100 Clicks 100mg
			Coprin 100mg
			Trinprin 100mg
	Blood glucose monitoring agents	Glucose strips	Glucocheck key test strip
			On call plus blood glucose strips
			On call sure blood glucose test strips
			Onetouch select plus test strips
			Test strip blood glucose clicks bionime gs550
			Test strip glucose caresens n 29g
			Test strip glucose fora diamond blood
			Test strip glucose vivachek ino
	Surgical item	Lancets	Lancet blood collection needle loris
			Lancet fora collection needle sterile 30g
			Lancet fora tender needle sterile 33g
			Lancet freestyle test
			Lancet glucocheck novichack
Lancet solus v2			
Lancet unilet sterile 28g			
Lancet unilet sterile 4cm x 6cm x 7.5cm 28g			
Microlet lancet			
Needles		BD micro fine plus pen needle 30g 8mm	
		BD micro fine plus pen needle 31g	
		BD micro fine plus pen needle 32g 4mm	
		Droplet pen needle 8mm 31g	
		Needle insulin fora pen 31g 5mm	
		Needle insulin fora pen 31g 8mm	
		Needle insulin fora pen 32g 4mm	
		Needle insulin fora pen 32g 6mm	
		Needle insulin pen verifine 4mmx10cmx15cm 32g	
		Needle insulin pen verifine 4mmx10cmx15cm 33g	
		Needle novofine	



Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength
Diabetes mellitus Type 2	Surgical item	Syringes	Syringe insulin 1.0ml with 27g needle
			Syringe insulin bd microfine 12.7mm 1ml 9g
			Syringe insulin bd microfine 1ml 8mm 30g
			Syringe insulin bd microfine 8mm demi 0.3ml 30g
Dysrhythmia	Anti-arrhythmics, class III - Amiodarone	Amiodarone	Hexarone 100mg; 200mg
			Myorythm 100mg; 200mg
	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg
			Segavin 5mg
			Warfarin 5mg Austell 5mg
			Warfarin 5 Unicorn 5mg
	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin 100 Clicks 100mg
			Coprin 100mg
			Trinprin 100mg
	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg
	Beta blocking agents: Selective	Atenolol	Adco-Atenolol 50mg; 100mg
			B-Block 50mg; 100mg
			Tenopress 50mg; 100mg
		Bisoprolol	Adco-Bisocor 5mg; 10mg
			Biloblok 5mg
			Bilocor 5mg; 10mg
			Bislo 5mg; 10mg
			Bisoprolol Unicorn 5mg; 10mg
			Emcor 5mg; 10mg
			Presicard 5mg; 10mg
	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg
	Selective calcium channel blockers with direct cardiac effects	Verapamil	Lanoxin paediatric/geriatric syrup 0.05mg/1ml
			Verahexal 240 SR 240mg
Epilepsy	Anti-epileptics: Barbiturates and derivatives	Phenobarbital	Verapamil 40 Oethmaan 40mg
			Sedabarb 30mg
	Anti-epileptics: Benzodiazepine derivatives	Clonazepam	Clonam 0.5mg; 2mg
	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg
			Partid 200mg
			Tegretol CR 200mg; 400mg
			Zeptol 200mg
	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg
			Convulex syrup 250mg/5ml
			Epilim crushable 100mg
			Eprolep CR 200mg; 300mg; 500mg
			Navalpro CR 200mg; 300mg; 500mg
			Navalpro liquid 200mg/5ml
			Rubilim CR 200mg; 300mg; 500mg
			Valeptic CR 300mg; 500mg
	Anti-epileptics: Hydantoin derivatives	Phenytoin	Phenytoin sod 100mg
	Anti-epileptics: Other agents	Lamotrigine	Epitec 25mg; 50mg; 100mg; 200mg
			Lamilepsy 25mg; 50mg; 100mg; 200mg
			Lamorola 25mg; 50mg; 100mg; 200mg
			Lamotrigine Unichem 25mg; 50mg; 100mg; 200mg
			Serinem 25mg; 50mg; 100mg; 200mg
		Levetiracetam	Epikepp 250mg; 500mg; 750mg
			Levetiracetam Unicorn 250mg; 750mg



Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength
Epilepsy	Anti-epileptics: Other agents	Levetiracetam	Rassetom 250mg; 500mg; 750mg
		Topiramate	Epimate 25mg; 50mg; 100mg
			Epitoz 25mg; 50mg; 100mg
			Topiramate Unicorn 25mg; 50mg; 100mg
			Toplep 50mg; 100mg; 200mg
	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
			Gulf Folic acid 5mg
Glaucoma	Anti-glaucoma agents: Carbonic anhydrase inhibitors	Brinzolamide, combinations	Simbrinza 5ml
		Dorzolamide	Glaucompress 5ml 2%
	Anti-glaucoma agents: Prostaglandin analogues	Bimatoprost	Bimapres 3ml 0.01%
		Latanoprost	Atana 2.5ml 50mcg/1ml
	Anti-glaucoma agents: Sympathomimetics	Brimonidine	Agobrim 5ml 0.2%
			Alphagan purite 5ml 1.5mg/1ml
	Anti-glaucoma Beta blocking agents: Timolol	Timolol	Timolol 0.5% w/v fdc 5ml 0.5%
			Timoptol-xe 2.5ml 0.5%
	Anti-glaucoma Beta blocking agents: Timolol, combinations	Timolol, combinations	Aglatan 2.5ml
			Azarga 5ml
			Combigan 5ml 2mg/5mg
			Dorzopt forte 5ml
			Duotrav 2.5ml
			Glaupico 3ml
			Ocudor co 5ml
			Ocutra co 2.5ml
			Optitrin
			Timpromat 3ml
Haemophilia	Analgesics: Paracetamol	Paracetamol	Adco-Napamol bucket 500mg
			Adco-Prolief 500mg
	Anti-fibrinolytics: Amino acids	Tranexamic acid	Emkapron 500mg
			Fibtin 500mg
	Blood coagulation factors	Coagulation factor VIII	Haemosolvate VIII 300U; 500U; 1000U
			Octanate vial 5ml 250U
			Octanate vial 10ml 500U; 1000U
		Coagulation factor IX	Haemosolvex IX 500U
			Octanine F vial 30ml 500U; 1000U
	Posterior pituitary hormones: Vasopressin and analogues	Desmopressin	Ddvp nasal spray 5ml 0.1mg/1ml
			Minirin melt 60mcg; 120mcg; 240mcg
Hyperlipidaemia	Lipid modifying agents: Combinations	Pravastatin and Fenofibrate	Pravafen 40/160mg
	Lipid modifying agents: Fibrates	Bezafibrate	Bezalip Retard 400mg
			Sandoz Bezafibrate 400mg
	Lipid modifying agents: Statins	Atorvastatin	Alipto 10mg; 20mg; 40mg
			Aspavor 10mg; 20mg; 40mg
			Dezzolip 10mg; 20mg; 40mg
			Lipogen 10mg; 20mg; 40mg; 80mg
			Vasmak 10mg; 20mg; 40mg; 80mg
		Simvastatin	Adco-Simvastatin 10mg; 20mg; 40mg
			Austell-Simvastatin 10mg; 20mg; 40mg
			Choleste 10mg; 20mg; 40mg
			Cipla-Simvastatin 10mg; 20mg; 40mg
			Lipidex 10mg; 20mg
Hypertension	ACE inhibitors and calcium channel blockers	Perindopril and Amlodipine	Roltesim 10mg; 20mg; 40mg
			Amlessa 4/5mg; 4/10mg; 8/5mg; 8/10mg
			Mixanval 5/5mg; 10/5mg; 5/10mg; 10/10mg



Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength
Hypertension	ACE inhibitors and calcium channel blockers	Perindopril and Amlodipine	Pearloc 4/5mg; 4/10mg; 8/5mg; 8/10mg
			Teprilam 5/5mg; 10/5mg; 5/10mg; 10/10mg
	ACE inhibitors and diuretics	Enalapril and diuretics	Acenten 20/12.5mg
			Enpresil co
		Perindopril and diuretics	Trexeva Plus 5/1.25mg
	ACE inhibitors: Plain	Captopril	Mylan Captopril 25mg; 50mg
		Enalapril	Enalapril Arya 5mg; 10mg; 20mg
			Hypace 5mg
			Natrapress 10mg; 20mg
			Tenezil 10mg; 20mg
		Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg
	Alpha and Beta blocking agents	Carvedilol	Repres 4mg; 8mg
			Carloc 6.25mg; 12.5mg; 25mg
			Carvedilol Unicorn 6.25mg; 12.5mg; 25mg
			Rubitrend 6.25mg; 12.5mg; 25mg
	Angiotensin II antagonists: Combinations	Losartan and diuretics	Annin co 50/12.5mg; 100/25mg
			Austell Losartan co 50/12.5mg
			Co-Normoten 50/12.5mg; 100/25mg
			Hylokat 50/12.5mg; 100/25mg
			Losaar Plus 50/12.5mg; 100/25mg
			Zaario Plus 50/12.5mg; 100/25mg
			Zartan co 50/12.5mg; 100/25mg
	Angiotensin II antagonists: Plain	Losartan	Annin 50mg; 100mg
			Austell Losartan 50mg; 100mg
	Anti-adrenergic agents: Alpha-adrenoreceptor antagonists	Doxazosin	Cardugen 1mg; 4mg
			Urodoxa 4mg
	Anti-adrenergic agents: Methyldopa	Methyldopa	Hypotone 250mg
			Timucen 250mg
	Anti-adrenergic agents: Rauwolfia alkaloids	Reserpine	Reserpine 0.25mg
	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hydralazine HCl 25 Kiara 25mg
			Hyperphen 10mg; 50mg
	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg
	Beta blocking agents: Selective	Atenolol	Adco-Atenolol 50mg; 100mg
			B-Block 50mg; 100mg
			Tenopress 50mg; 100mg
		Bisoprolol	Adco-Bisocor 5mg; 10mg
			Biloblok 5mg
			Bilocor 5mg; 10mg
			Bislo 5mg; 10mg
			Bisoprolol Unicorn 5mg; 10mg
			Emcor 5mg; 10mg
			Presicard 5mg; 10mg
	Calcium channel blockers and diuretics	Amlodipine and diuretics	Natrixam * 1.5/5mg; 1.5/10mg
	High-ceiling diuretics	Furosemide	Defulide 40mg
			Furobe 40mg
			Furosemide 40 Unimed 40mg
	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Gulf Hydrochlorothiazide 25mg
			Ridaq 12.5mg



Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength
Hypertension	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Zidaflo 12.5mg; 25mg
	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg
			Catexan 2.5mg
			Cipla-Indapamide 2.5mg
			Mylan Indapamide 2.5mg
	Potassium sparing agents	Spironolactone	Aldactone 25mg
			Spironolactone 25mg Accord 25mg
			Spironolactone 25 Kiara 25mg
	Potassium supplements	Potassium chloride	Ultipot 600mg
	Selective calcium channel blockers with direct cardiac effects	Diltiazem	Adco-Zildem SR 180mg; 240mg
		Verapamil	Verahexal 240 SR 240mg
			Verapamil 40 Oethmaan 40mg
	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Amloc 5mg; 10mg
			Amlodac 5mg; 10mg
			Amlodipine Hetero 5mg; 10mg
			Amlodipine Unicorn 5mg; 10mg
			Amlodipine Unimed 5mg; 10mg
			Amlovasc 5mg; 10mg
			Amtas 5mg; 10mg
			Aprate 5mg; 10mg
			Austell-Amlodipine 5mg; 10mg
			Ciplavasc 5mg; 10mg
			Pendine 5mg; 10mg
			Vasloc 5mg; 10mg
		Nifedipine	Cipalat Retard 20mg
Hypothyroidism	Thyroid hormones	Levothyroxine sodium	Euthyrox 25mcg; 50mcg; 75mcg; 100mcg
			Mithyro 25mcg; 50mcg; 75mcg; 100mcg
			Roidace 25mcg; 50mcg; 75mcg; 100mcg
Multiple sclerosis	Anti-depressants: Tricyclics	Amitriptyline	Amderip 10mg; 25mg
			Amitriptyline 10mg Austell 10mg
			Gulf Amitriptyline 25mg
			Veikirin 10mg; 25mg
	Drugs for urinary frequency and incontinence	Oxybutynin	Lenditro 5mg
			Oxyrest 5mg
	Interferons	Interferon Beta-1A	Avonex prefilled syringe 0.5ml 30mcg/0,5mL
			Rebif 22 pre-filled syringe 0.5ml 22mcg/0.5ml
			Rebif 22 rebidose pre-filled pen 0.5ml 22mcg/0.5ml
			Rebif 44 pre-filled syringe 0.5ml 44mcg/0.5ml
			Rebif 44 rebidose pre-filled pen 0.5ml 44mcg/0.5ml
		Interferon Beta-1B	Betaferon pre-filled syringe 1ml 9600000U/1ml
		Peginterferon Beta-1A	Plegridy prefilled pen 0.5ml 125mcg/0,5mL
	Muscle relaxants: Other centrally acting agents	Baclofen	Teva Baclofen 10mg
	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
			Panafcort 5mg
			Trolic 5mg
Parkinson's disease	Anticholinergic agents: Tertiary amines	Biperiden	Akineton 2mg
	Dopamine agonists	Pramipexole	Oxpola 0.125mg; 0.25mg; 1mg
			Pexasp 0.125mg; 0.25mg
	Dopaminergic agents: Adamantane derivatives	Amantadine	Symadin 100mg



Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength
Parkinson's disease	Dopaminergic agents: Monoamine oxidase B inhibitors - Rasagiline	Rasagiline	Azilect 1mg
			Kinect 1mg
			Ragitar 1mg
			Rasapar 1mg
			Razeda 1mg
	Levodopa and decarboxylase inhibitor	Levodopa and decarboxylase inhibitor	Lecardop 25/100mg; 25/250mg Teva Carbi-Levo 25/100mg; 25/250mg
Rheumatoid arthritis	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	A-Lennon Diclofenac 50mg
			Diclofenac Biotech 25mg
			Diclofenac 50mg Clicks 50mg
			Mylan Diclofenac 25mg; 50mg
			Panamor AT 50mg
		Indomethacin	Amdocin 25mg
			Betacin 25mg
			Gulf Indomethacin 25mg
			Methocaps 25mg
	Anti-inflammatory agents: Oxicams	Meloxicam	Adco-Meloxicam 15mg
			Coxflam 7.5mg
			Flexocam 7.5mg
		Piroxicam	Pyrocaps 20mg
			Roxifen 20mg
	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Betaprofen 200mg
			Bren 400mg
			Ibucine 200mg; 400mg
			Ibunate 200mg
			Ibusor 200mg
		Naproxen	Napinflam 250mg
			Naproscript 250mg
	Anti-rheumatic agents: Chloroquine	Chloroquine	Plasmoquine 200mg
	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
			Gulf Folic acid 5mg
	Intestinal anti-inflammatories: Aminosalicic acid and similar agents	Sulfasalazine	Salazopyrin 500mg
			Salazopyrin EN 500mg
	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg
			Azathioprine PCH 50mg
	Other immunosuppressive agents: Methotrexate	Methotrexate	Methotrexate 2.5mg
			Mexate 2.5mg
	Selective immunosuppressive agents: Leflunomide	Leflunomide	Lunar 20mg
			Ravalef 10mg; 20mg
			Rheumalef 10mg; 20mg
	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
			Panafcort 5mg
			Trolic 5mg
Schizophrenia	Anti-depressants: SSRI's	Citalopram	Adco-Talomil 20mg
			Citalopram 20 Oethmaan 20mg
			Depramil 20mg
			Tamomilt 20mg
		Escitalopram	Accord Escitalopram 10mg; 20mg
			Dolin 10mg; 20mg
			Emerdyne 10mg; 20mg
			Esetam 10mg; 20mg



Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength
Schizophrenia	Anti-depressants: SSRI's	Escitalopram	Zyescito 10mg; 20mg
		Fluoxetine	Fluoxetine 20 Oethmaan 20mg
			Zydus Fluoxetine 20mg
		Sertraline	Dyna Sertraline 50mg; 100mg
			Tralidep 50mg; 100mg
	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg
			Partid 200mg
			Tegretol CR 200mg; 400mg
			Zeptol 200mg
	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg
			Convulex syrup 250mg/5ml
			Epilim crushable 100mg
			Eprolep CR 200mg; 300mg; 500mg
			Navalpro CR 200mg; 300mg; 500mg
			Navalpro liquid 200mg/5ml
			Rubilim CR 200mg; 300mg; 500mg
			Valeptic CR 300mg; 500mg
	Anti-epileptics: Other agents	Lamotrigine	Epitec 25mg; 50mg; 100mg; 200mg
			Lamilepsy 25mg; 50mg; 100mg; 200mg
			Lamorola 25mg; 50mg; 100mg; 200mg
			Lamotrigine Unichem 25mg; 50mg; 100mg; 200mg
			Serinem 25mg; 50mg; 100mg; 200mg
	Anti-psychotics: Butyrophenone derivatives	Haloperidol	Haloperidol 5 Oethmaan 5mg
	Anti-psychotics: Clozapine	Clozapine	Clozapine Oethmaan 25mg; 100mg
	Anti-psychotics: Lithium	Lithium	Camcolit 250mg; 400mg
	Anti-psychotics: Olanzapine	Olanzapine	Alonza 5mg; 10mg
			Meltolan 5mg; 10mg
			Nezolap 5mg; 10mg
			Olandus 5mg; 10mg
			Olexar 5mg; 10mg
			Zolanz 5mg; 10mg
			Zylena 5mg; 10mg
	Anti-psychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Largactil 25mg; 50mg; 100mg
	Anti-psychotics: Quetiapine	Quetiapine	Aroquet 25mg; 100mg; 200mg; 300mg
			Mylan Quetiapine 25mg; 100mg; 200mg; 300mg
			Quesara 25mg; 100mg; 200mg; 300mg
			Quetiapine Unicorn 25mg; 100mg; 200mg; 300mg
			Quetz 25mg; 100mg; 200mg; 300mg
			Sizocam 25mg; 100mg; 200mg; 300mg
			Torquit 25mg; 100mg; 200mg; 300mg
			Truvalin 25mg; 100mg; 200mg; 300mg
	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol 0.5mg; 1mg
		Zuclopenthixol	Fluanxol depot 1ml 20mg
			Clopixol 2mg; 10mg
Other anti-psychotics: Aripiprazole	Aripiprazole	Aripiprazole	Clopixol depot 200mg
			Abipip 5mg; 10mg; 15mg
			Alebon 5mg; 10mg; 15mg
			Apize 5mg; 10mg; 15mg
			Aprizon 5mg; 10mg; 15mg
			Arizofy 5mg; 10mg; 15mg



Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength
Schizophrenia	Other anti-psychotics: Aripiprazole	Aripiprazole	Priptrin 10mg; 15mg
			Radzil 5mg; 10mg; 15mg
			Thryve 5mg; 10mg
	Other anti-psychotics: Risperidone	Risperidone	Risnia 0.5mg; 1mg; 2mg; 3mg
			Rispacor 0.5mg; 1mg; 2mg; 3mg
			Rispide 0.5mg; 1mg; 2mg
			Zoxadon 0.5mg; 1mg; 2mg; 3mg; 4mg
			Zoxadon ODT 0.5mg; 1mg; 2mg
Systemic lupus erythematosus (SLE)	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	A-Lennon Diclofenac 50mg
			Diclofenac Biotech 25mg
			Diclofenac 50mg Clicks 50mg
			Mylan Diclofenac 25mg; 50mg
			Panamor AT 50mg
		Indomethacin	Amdocin 25mg
			Betacin 25mg
			Gulf Indomethacin 25mg
	Anti-inflammatory agents: Oxicams	Meloxicam	Methocaps 25mg
			Adco-Meloxicam 15mg
			Coxflam 7.5mg
		Piroxicam	Flexocam 7.5mg
			Pyrocaps 20mg
	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Roxifen 20mg
			Betaprofen 200mg
			Bren 400mg
			Ibucine 200mg; 400mg
			Ibunate 200mg
			Ibusor 200mg
		Naproxen	Napinfram 250mg
			Naproscript 250mg
	Anti-rheumatic agents: Chloroquine	Chloroquine	Plasmoquine 200mg
	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg
			Segavin 5mg
			Warfarin 5mg Austell 5mg
			Warfarin 5 Unicorn 5mg
	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin 100 Clicks 100mg
			Coprin 100mg
			Trinprin 100mg
	Emollients and protectives: Zinc products	Zinc products	Zinc ointment bp
	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
			Gulf Folic acid 5mg
	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg
			Azathioprine PCH 50mg
	Other immunosuppressive agents: Methotrexate	Methotrexate	Methotrexate 2.5mg
			Mexate 2.5mg
	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
			Panafcort 5mg
			Trolic 5mg
	Topical Corticosteroids: Group III	Betamethasone	Reprivate cream 0.1%
			Topivate cream 0.1%
Ulcerative colitis	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
			Gulf Folic acid 5mg



Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength
Ulcerative colitis	Intestinal anti-inflammatories: Aminosalicylic acid and similar agents	Mesalazine	Asacol 400mg; 800mg
			Mezavant 1200mg
			Pentasa 500mg
			Zylamene SR 800mg; 1200mg
		Sulfasalazine	Salazopyrin 500mg
			Salazopyrin EN 500mg
	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg
			Azathioprine PCH 50mg
	Other immunosuppressive agents: Methotrexate	Methotrexate	Methotrexate 2.5mg
			Mexate 2.5mg
	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
			Panafcort 5mg
			Trolic 5mg



The Chronic Disease List (CDL) Enhanced medicine list (formulary) for the Essential and Basic Plans

Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength
Asthma	Anti-asthmatics: Leukotriene receptor antagonists	Montelukast	Astelair 10mg
			Lumont 4mg; 5mg; 10mg
			Maclutek 4mg; 5mg; 10mg
			Montascend 10mg
			Montrahet 4mg; 5mg; 10mg
			Sintrine 4mg; 5mg; 10mg
Chronic obstructive pulmonary disease (COPD)	Indacaterol, Glycopyrronium bromide and Mometasone	Indacaterol, Glycopyrronium bromide and Mometasone	Zimbus breezhaler (30 caps & inhaler) 150/50/80; 150/50/160
	Nasal Corticosteroids	Beclomethasone	Beclate aquanase 150 dose 50mcg
	Adrenergics: Long acting - Formoterol	Formoterol	Foratec HFA 120 dose 12mcg/dose
	Formoterol and Budesonide	Formoterol and Budesonide	Symbicord turbohaler 60 dose 160/4.5mcg
	Inhaled anticholinergics: Tiotropium bromide	Tiotropium bromide	Tiores 30 inh capsules with zephir inhaler
	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Sereflo HFA 120 dose 25/50mcg; 25/125mcg; 25/250mcg Sereflo HFA synchrobreathe 120 dose 25/50mcg; 25/125mcg; 25/250mcg
Chronic renal disease	Hepatitis B vaccine	Hepatitis B, purified antigen	Euvax b vial 1ml 20mcg/1ml
			Heberbio hbv sgl dose 1ml adult 20mcg/1ml
Coronary artery disease	Anti-thrombotic agents: Clopidogrel	Clopidogrel	Aviolix 75mg
			Clovexa 75mg
			Pharma Dynamics Clopidogrel 75mg
			Plagrol 75mg
Multiple sclerosis	Cytokines and immunomodulators - Other	Glatiramer Acetate	Copaxone pre-filled syringe 1ml 20mg/1ml
			Copaxone pre-filled pen 1ml 40mg/1ml
	Selective immunosuppressive agents: Fingolimod	Fingolimod	Filengia 0.5mg
			Finkem 0.5mg
			Glomatin 0.5mg
			Myelenea 0.5mg
			Tuvigin 0.5mg
	Selective immunosuppressive agents: Teriflunomide	Teriflunomide	Aubamide 14mg
			Auberif 14mg
			Teriflunomide Adco 14mg
			Teriflunomide 14 Teva 14mg



Vaccines

Members approved for Cardiac failure or Cardiomyopathy are eligible for lifetime cover for one dose of the Pneumococcal Conjugate Vaccine (PCV13), and one dose of the Pneumococcal Polysaccharide Vaccine (PPSV23), with the doses claimed at least one year apart.

Additionally, members approved for Cardiac failure, Cardiomyopathy, or COPD will have access to one flu vaccine each year.

Chronic Disease List condition	Medication class	Active ingredient	Frequency
Cardiac failure Cardiomyopathy Chronic obstructive pulmonary disease (COPD)	Influenza vaccines	Influenza, purifies antigens	Each year
Cardiac failure Cardiomyopathy	Pneumococcal vaccines	Pneumococcal Polysaccharide Vaccine (PPSV23) Pneumococcal Conjugate Vaccine (PCV13),	Once in a lifetime Once in a lifetime



The Additional Disease List (ADL) medicine list (formulary) for the Basic Plan

Additional Disease List condition	Medication class	Active ingredient	Medication name and strength
Major depression	Anti-depressants: SSRI's	Citalopram	Adco-Talomil 20mg
			Citalopram 20 Oethmaan 20mg
			Depramil 20mg
			Tamomilt 20mg
		Escitalopram	Accord Escitalopram 10mg; 20mg
			Dolin 10mg; 20mg
			Emerdyne 10mg; 20mg
			Esetam 10mg; 20mg
			Zyescito 10mg; 20mg
		Fluoxetine	Fluoxetine 20 Oethmaan 20mg
			Zydus Fluoxetine 20mg
		Paroxetine	Adco-Paroxetine 20mg
			Aryaxel 20mg
			Austell-Paroxetine 20mg
			Lenio 20mg
			Paroxetine Unicorn 20mg
			Serrapress 20mg
			Xet 20mg
		Sertraline	Dyna Sertraline 50mg; 100mg
			Tralidep 50mg; 100mg
	Anti-depressants: Tricyclics	Amitriptyline	Amderip 10mg; 25mg
			Amitriptyline 10mg Austell 10mg
			Gulf Amitriptyline 25mg
			Veikirin 10mg; 25mg
	Other anti-depressants: SNRI's	Duloxetine	Calmadep DR 30mg; 60mg
			Deotin 30mg; 60mg
			Duzela 30mg; 60mg
		Venlafaxine	Odiven 37.5mg; 75mg
			Venlafaxine Adco 37.5mg; 75mg; 150mg
			Venlor XR 37.5mg; 75mg; 150mg
Anti-epileptics: Carboxamide derivatives	Carbamazepine		Vexalin XR 75mg; 150mg
			Degranol 200mg
			Partid 200mg
			Tegretol CR 200mg; 400mg
			Zeptol 200mg
Anti-epileptics: Fatty acid derivatives	Valproic acid		Convulex 150mg; 300mg
			Convulex syrup 250mg/5ml
			Epilim crushable 100mg
			Eprolep CR 200mg; 300mg; 500mg
			Navalpro CR 200mg; 300mg; 500mg
			Navalpro liquid 200mg/5ml
			Rubilim CR 200mg; 300mg; 500mg
			Valeptic CR 300mg; 500mg
Anti-epileptics: Other agents	Lamotrigine		Epitec 25mg; 50mg; 100mg; 200mg
			Lamilepsy 25mg; 50mg; 100mg; 200mg
			Lamorola 25mg; 50mg; 100mg; 200mg
			Lamotrigine Unichem 25mg; 50mg; 100mg; 200mg
			Serinem 25mg; 50mg; 100mg; 200mg
Anti-psychotics: Olanzapine	Olanzapine		Alonza 5mg; 10mg
			Meltolan 5mg; 10mg
			Nezolap 5mg; 10mg
			Olandus 5mg; 10mg
			Olexar 5mg; 10mg



Additional Disease List condition	Medication class	Active ingredient	Medication name and strength
Major depression	Anti-psychotics: Olanzapine	Olanzapine	Zolanz 5mg; 10mg
			Zylena 5mg; 10mg
	Anti-psychotics: Quetiapine	Quetiapine	Aroquet 25mg; 100mg; 200mg; 300mg
			Mylan Quetiapine 25mg; 100mg; 200mg; 300mg
			Quesara 25mg; 100mg; 200mg; 300mg
			Quetiapine unicorn 25mg; 100mg; 200mg; 300mg
			Quetz 25mg; 100mg; 200mg; 300mg
			Sizocam 25mg; 100mg; 200mg; 300mg
			Torquit 25mg; 100mg; 200mg; 300mg
			Truvalin 25mg; 100mg; 200mg; 300mg
	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol 0.5mg; 1mg
			Fluanxol depot 1ml 20mg
	Other anti-psychotics: Risperidone	Risperidone	Risnia 0.5mg; 1mg; 2mg; 3mg
			Rispacor 0.5mg; 1mg; 2mg; 3mg
			Rispide 0.5mg; 1mg; 2mg
			Zoxadon 0.5mg; 1mg; 2mg; 3mg; 4mg
			Zoxadon ODT 0.5mg; 1mg; 2mg



Complaints process

You can lodge a complaint or query with Bankmed Medical Scheme directly on 0800 BANKMED (0800 226 5633) or address a complaint in writing directly to the Principal Officer. Should your complaint remain unresolved, you can lodge a formal dispute by following Bankmed Medical Scheme's internal disputes process. Click [here](#) to access the complaints and escalations process.

Members who wish to approach the Council for Medical Schemes for assistance, can do so in writing to: Council for Medical Schemes Complaints Unit, Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion, 0157 or via e-mail at complaints@medicalschemes.co.za. Customer Care Centre: 0861 123 267/website www.medicalschemes.co.za

