Contact us
Tel: 0800 BANKMED (0800 226 5633) • Private Bag X2, Rivonia 2128 • www.bankmed.co.za

Plan selection form – Make your Plan choice for 2026

Update your Plan selection via the Bankmed website at **www.bankmed.co.za** and click on the Change Plan quick link, telephonically on **0800 BANKMED (0800 226 5633)** or e-mail **planselections@bankmed.co.za**. Kindly ensure that you also update your contact details in order to receive important Bankmed communication.

Please note: All Plan changes may only be made between 1 November and 12 December 2025. Please do not miss the cut-off date as Plan changes are only allowed once a year and take effect from 1 January of the following year. Mid-year Plan changes are regrettably not allowed.

How to complete this form

1. Please use one letter per block, complete in black ink and print clearly.
2. Sign the Plan selection form.

Section 1: Please provide your personal and contact details here

Initials and surname

Employee number

Membership number

ID number

Telephone (W)

Cellphone

E-mail

Section 2: Kindly select your Plan and income category by placing a "✔" in the appropriate block (select only one Plan and one income category)

Essential Plan (no Medical Savings Account)

Gross Income	
R0 - R5 000	
R5 001 - R 6 000	
R6 001 - R7 000	
R7 001 - R8 000	
R8 001 - R9 000	
R9 001 - R10 000	
R10 001+	

Basic Plan (no Medical Savings Account)

Gross income	
R0 - R5 000	
R5 001 - R 6 000	
R6 001 - R7 000	
R7 001 - R8 000	
R8 001 - R9 000	
R9 001 - R10 000	
R10 001+	

Core Saver Plan (with Medical Savings Account)

Gross income	
R0 - R5 000	☐
R5 001 - R6 000	☐
R6 001 - R7 000	☐
R7 001 - R8 000	☐
R8 001 - R9 000	☐
R9 001 - R10 000	☐
R10 001+	☐

Traditional Plan (no Medical Savings Account)

Gross Income	
R0 - R5 000	☐
R5 001 - R10 000	☐
R10 000+	☐

Comprehensive Plan (with Medical Savings Account)

Gross Income	
R0 - R10 000	☐
R10 001+	☐

Plus Plan (with Medical Savings Account)

Gross income	
All incomes	☐

The new contribution amount will apply with effect from 1 January 2026 and the benefits will take effect from the same date.

Please note: Income categories are checked and verified to ensure accuracy of the income declaration.

Section 3: "Above Scheme Rate" portions of claims payable from your Medical Savings Account

Should you select a Plan with a Medical Savings Account (Core Saver, Comprehensive or Plus Plan), you may elect to have shortfalls above the Scheme Rate funded from the available balance in your Medical Savings Account. Please note that this is not automatically activated.

Should you wish to have shortfalls above the Scheme Rate automatically funded from your available Medical Savings Account, please mark with a "√". ☐

Please note: Plus Plan members – should you select this option, any "above Scheme Rate'' portions paid from your Medical Savings Account will not accumulate towards your Annual Threshold, resulting in a Self-payment Gap.

Principal Member's signature ______________________

Date D D M M Y Y Y Y